



How to Inject Tirzepatide Compounded Medication At Home



Administering tirzepatide compound injection involves several steps to ensure safety and efficacy. Here's a general guide:

1. **Prepare the Injection Site:**

- Choose an injection site recommended by your healthcare provider, typically the abdomen (avoiding a 2-inch area around the belly button), thigh, or upper arm.
- Clean the chosen injection site with an alcohol wipe and let it dry. This helps prevent infections.

2. **Prepare the Injection:**

- Ensure you have everything needed: the tirzepatide vial, syringe, alcohol wipes, a cotton ball or gauze, and a sharps disposal container.
- Check the expiration date and the appearance of the medicine. If it looks cloudy, discolored, or contains particles, do not use it.
- Remove the vial cap. Clean the top of the vial with alcohol. Draw up the amount of medication with the insulin syringe provided for the appropriate dose, as discussed with your provider. Recap needle carefully by sliding the syringe into the needle cap until ready to inject, if needed.

3. **Inject the Medicine:**

- Hold the syringe with the needle pointing up. Remove the needle cap, being careful not to touch the needle.
- Pinch the prepared/clean fold of skin at the injection site.
- Insert the needle into the skin at a 45 to 90-degree angle, depending on the needle length and your healthcare provider's recommendation.
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- Once the needle is inserted, press the injection button to deliver the dose.
- Remove the needle from the skin.

4. **Dispose of the Needle:**

- Immediately after use, carefully replace the needle cap.

- Put the used pen and needle into a sharps disposal container. Do not throw them into the regular trash.

5. **Aftercare:**

- Apply gentle pressure to the injection site with a cotton ball or gauze.
- Do not rub the injection site.
- If there is bleeding, cover the injection site with a bandage if needed.

6. **Storage:**

- Store the tirzepatide pen according to the manufacturer's instructions, typically in the refrigerator.
- If the pen is stored at room temperature, follow the guidelines provided by your healthcare provider or pharmacist.

[Click here to watch a video with instructions on how to administer your injection](#)

Always follow the specific instructions provided by your healthcare provider or the medication's package insert. If you have any questions or concerns about administering tirzepatide or any other medication, don't hesitate to consult your healthcare provider for guidance.